

# Reviving Ophelia Book

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Girl Land - Caitlin Flanagan 2012-01-12

The physical, emotional, and social milestones of every girl's life: what we've lost and gained in the 21st century. Caitlin Flanagan's essays about marriage, sex, and families have sparked national debates. Now she turns her attention to girls: the biological and cultural milestones for girls today, and how they shape a girl's sense of herself. The transition from girl to woman is an experience that has changed radically over the generations: everything from how a girl learns about her period to how she expects to be treated by boys and men. Girls today observe these passages very differently, and yet the landmarks themselves have remained remarkably constant-proof, Flanagan believes, of their significance. In a world where protections of girls' privacy and personal freedom seem to disappear every day, the ultimate challenge modern parents face is finding a way to defend both.

**Girls Who Rocked the World** - Michelle Roehm McCann 2012-10-30

Tells the stories of forty-six girls who were younger than twenty years of age when they changed the history of the world through amazing accomplishments.

**Reviving Ophelia** - Cherie Bennett 2006

"Based on Reviving Ophelia: Saving the Selves of Adolescent Girls, one of the seminal nonfiction books of our time, this is the gripping story of four teenage girls battling the corrosive influences of popular culture and each searching for the personal North Star that will guide her home. Jill is a Native American girl adopted by white parents. Her drinking, truancy and bad attitude are turned around in a very unexpected way. Allie, a pastor's daughter, faces a crisis of faith at a mother-daughter book club when her friend Lia loses her mother to cancer. The scene between Lia and her boyfriend, Alex, harkens back to Hamlet's "Get thee to a nunnery!", as Alex exposes the scary part of his personality which he carefully keeps hidden. Beautiful Dawn approaches high-school graduation with the realization that she's not prepared for anything but attracting guys; her solution is to attempt 18 Jello shots to celebrate her 18th birthday. Playwright Bennett, specifically chosen by Dr. Pipher to adapt her work, deftly leavens the drama with humor, tracing the intertwining lives of these four girls from first grade through middle school, and then through high school to graduation and young adulthood. This play has toured urban, suburban and rural schools with equal success."--Publisher's website.

**Alpha Girls** - Dan Kindlon 2007-09-04

"A must-have for anyone looking to understand the upcoming generation's driven, confident, and successful females."—Publishers Weekly There's a new type of teenage girl growing up in America today and she is going to have a profound and beneficial influence on society. That's the conclusion of Dr. Dan Kindlon, widely respected child and adolescent psychologist. In Alpha Girls, the best-selling coauthor of Raising Cain, which is hailed for its insights into the psyche of boys, breaks new ground with his startling picture of today's American girl—-independent, self-confident, highly motivated . . . and fundamentally different from previous generations. Part of the first generation that is reaping the full benefits of the women's movement, today's American girl is maturing with a new sense of possibility and psychological emancipation. Backing his findings with painstaking research, including questionnaires, profiles, and detailed case studies, Dr. Kindlon offers an in-depth portrait of the alpha girl, a born leader who is ready to explode into adulthood and make her mark on the world and, by her example, serve as an inspiration for women everywhere. "A very insightful and groundbreaking work, blowing modern conceptions of girls out

of the water."—Bellaonline.com

**Reviving Ophelia** - Mary Pipher 2010-12-15

Why are adolescent girls prone to depression, eating disorders, addictions and suicide attempts than ever before? Mary Pipher believes adolescence is an especially precarious time for girls, a time when the fearless, outgoing child is replaced by an unhappy and insecure teenager. Her view is that for the most part it is our look-obsessed, media-saturated, 'girl-poisoning' culture - and not parents - which is to blame. Despite the advances of feminism, escalating levels of sexism and violence cause girls to stifle their creative spirit and natural impulses, which, ultimately, destroys their self-esteem. Yet it is often their families that are blamed. Here, for the first time, are the girls' unmuted voices. By laying bare their harsh day-to-day reality, Reviving Ophelia offers parents compassion, strength and strategies with which to revive these Ophelias' lost sense of self.

**The Middle of Everywhere** - Mary Pipher 2003-07-01

The bestselling author of Reviving Ophelia and Another Country profiles refugees from around the world who emigrate to the United States. In cities and towns all over the country, refugees arrive daily. Lost Boys from Sudan, survivors from Kosovo, families fleeing Afghanistan and Vietnam: they come with nothing but the desire to experience the American dream. Their endurance in the face of tragedy and their ability to hold on to the essential virtues of family, love, and joy are a tonic for Americans who are now facing crises at home. Their stories will make you laugh and weep—and give you a deeper understanding of the wider world in which we live. The Middle of Everywhere moves beyond the headlines, into the hearts and homes of refugees from around the world. Her stories bring to us the complexity of cultures we must come to understand in these times. "Pipher enters the hearts and homes of refugees who now live virtually from coast to coast, chronicling their struggles.... Her work is a plea for others to join her in a campaign of understanding."—USA Today "Pipher unites refugees, people who have fled some of the most oppressive regimes in the world, with all of us.... [She] is taking this moment to teach us un-American behaviors: Patience, manners, and tolerance."—Milwaukee Journal Sentinel "Drawing upon anthropology, sociology and psychology, [Pipher] offers a deft, moving portrait of the complexity of American life...Pipher's ambitious undertaking of combining personal stories with global politics is wonderfully realized."—Publishers Weekly (starred review)

**Ophelia Speaks** - Sara Shandler 1999-05-05

At age sixteen, Sara Shandler read Mary Pipher's Reviving Ophelia, the national bestseller that candidly explored the unique issues that challenge girls in their struggle toward womanhood. Moved by Pipher's insight yet driven to hear the unfiltered voices of today's adolescent girls, Shandler yearned to speak for herself, and to provide a forum for other Ophelias to do so as well. A poignant collection of original pieces selected from more than eighthundred contributions, Ophelia Speaks culls writings from the hearts of girls nationwide, of various races, religions, and socioeconomic backgrounds. Ranging in age from twelve to eighteen, the voices here offer a provocative and piercingly real view on issues public and private, from body image to boys, politics to parents, school to sex. Framing each chapter are Shandler's own personal reflections, offering both the comfort of a trusted friend and an honest perspective from within the whirlwind of adolescence. In these pages, you will see your best friend, your daughter, your sister--and yourself. At once filled with heartbreak and hope, in these pages Ophelia speaks.

Misconceptions - Naomi Wolf 2003-05-20

In *Misconceptions*, bestselling author Naomi Wolf she demythologizes motherhood and reveals the dangers of common assumptions about childbirth. With uncompromising honesty she describes how hormones eroded her sense of independence, ultrasounds tested her commitment to abortion rights, and the keepers of the OB/GYN establishment lacked compassion. The weeks after her first daughter's birth taught her how society, employers, and even husbands can manipulate new mothers. She had bewildering post partum depression, but learned that a surprisingly high percentage of women experience it. Wolf's courageous willingness to talk about the unexpected difficulties of childbirth will help every woman become a more knowledgeable planner of her pregnancy and better prepare her for the challenges of balancing a career, freedom, and a growing family. Invaluable in its advice to parents, *Misconceptions* speaks to anyone connected—personally, medically, or professionally—to a new mother.

**American Girls** - Nancy Jo Sales 2017-01-24

A New York Times Bestseller Award-winning Vanity Fair writer Nancy Jo Sales crisscrossed the country talking to more than two hundred girls between the ages of thirteen and nineteen about their experiences online and off. They are coming of age online in a hypersexualized culture that has normalized extreme behavior, from pornography to the casual exchange of nude photographs; a culture rife with a virulent new strain of sexism; a culture in which teenagers are spending so much time on technology and social media that they are not developing basic communication skills. The dominant force in the lives of girls coming of age in America today is social media: Instagram, Whisper, Vine, Youtube, Kik, Ask.fm, Tinder. Provocative, explosive, and urgent, *American Girls* will ignite much-needed conversation about how we can help our daughters and sons negotiate the new social and sexual norms that govern their lives.

**Growing Up with Girl Power** - Rebecca C. Hains 2012

*Growing Up With Girl Power* considers how real girls who grew up with girl power interpreted its messages about empowerment, girlhood, strength, femininity, race, and more, and suggests that for young girls, commercialized girl power had real strengths and limitations - sometimes in fascinating, unexpected ways.

The Green Boat - Mary Pipher, PhD 2013-06-04

Offers guidance for transforming fears about environmental issues into useful forces in individual lives, advocating the taking of small, constructive steps toward handling problems that seem beyond our control, and maintaining hope.

**Girls Will Be Girls** - Joann Deak 2003-08-20

Now available in paperback is a bold, fresh, and timely work that "offers parents humor, understanding, parenting philosophy, and well-founded pearls of wisdom." --Michael G. Thompson, Ph.D., coauthor of *Raising Cain* Mary Pipher told us about the problems girls face in *Reviving Ophelia*; now in *Girls Will Be Girls*, JoAnn Deak gives us the solutions. Deak looks past the "scare" stories to those that enlighten parents and enable them to empower girls. She draws from the latest brain research on girls to illustrate the exciting new ways in which we can help our daughters learn and thrive. Most telling of all, she gives us the voices of girls themselves as they struggle with body image, self-esteem, intellectual growth, peer pressure, and media messages. The result is a masterly book that addresses the key issues for girls growing up; one that fulfills a desperate need for clear guiding principles to help mothers, fathers, and their daughters navigate this chaotic contemporary culture.

**Shifting** - Ms. Charisse Jones 2009-10-06

"Always moving, at times haunting, and often inspirational, *Shifting* provides a richly textured look at the lives of Black women. Jones and Shorter-Gooden poignantly portray the day-to-day challenges and triumphs of 'sisters' at work, in relationships, and in their spiritual lives." — Bebe Moore Campbell, author of *What You Owe Me* Based on the African American Women's Voices Project, *Shifting* reveals that a large number of African American women feel pressure to compromise their true selves as they navigate America's racial and gender bigotry. Black women "shift" by altering the expectations they have for themselves or their outer appearance. They modify their speech. They shift "white" as they head to work in the morning and "Black" as they come back home each night. They shift inward, internalizing the searing pain of the negative stereotypes that they encounter daily. And sometimes they shift by fighting back. With deeply moving interviews, poignantly revealed on each page, *Shifting* is a much-needed, clear, and comprehensive

portrait of the reality of African American women's lives today.

Women Rowing North - Mary Pipher 2020-04

From the New York Times bestselling author of *Reviving Ophelia*, a guide to wisdom, authenticity, and bliss for women as they age. Women growing older contend with ageism, misogyny, and loss. Yet as Mary Pipher shows, most older women are deeply happy and filled with gratitude for the gifts of life. Their struggles help them grow into the authentic, empathetic, and wise people they have always wanted to be. In *Women Rowing North*, Pipher offers a timely examination of the cultural and developmental issues women face as they age. Drawing on her own experience as daughter, sister, mother, grandmother, caregiver, clinical psychologist, and cultural anthropologist, she explores ways women can cultivate resilient responses to the challenges they face. "If we can keep our wits about us, think clearly, and manage our emotions skillfully," Pipher writes, "we will experience a joyous time of our lives. If we have planned carefully and packed properly, if we have good maps and guides, the journey can be transcendent."

**Another Country** - Mary Bray Pipher 1999

Scenarios to bridge the communication gap of children with their aging parents and grandparents.

**Adolescent Girls at Risk** - Harold Marchant 2014-05-09

*Adolescent Girls at Risk* focuses on a fieldwork that employed measures and programs designed to help girls in their transformation to adolescence. The book first ponders on the theoretical background and plan of the project, including fieldwork aims and methods, research aims and methods, and at risk factors. The text then examines the girls who are the subjects of the study, as well as the start of fieldwork. The book explores the kind of bond and relationship that developed among the girls, particularly the strategies that social workers have employed in assisting them to recognize and achieve personally satisfying relationship with adults, peers, and authority. The manuscript also takes a look at the termination of the project work and research analysis of the fieldwork. The book is a dependable source of information for social workers and researchers interested in studying the transformation of girls to adolescence.

Surviving Ophelia - Cheryl Dellasega 2002-10

Compiles stories of mothers' attempts to deal with their teenaged daughter's struggle to survive adolescence, sharing anecdotes about anorexia, uncertainty, communication, fitting in, and depression.

**Packaging Girlhood** - Sharon Lamb, Ed.D. 2007-04-01

The stereotype-laden message, delivered through clothes, music, books, and TV, is essentially a continuous plea for girls to put their energies into beauty products, shopping, fashion, and boys. This constant marketing, cheapening of relationships, absence of good women role models, and stereotyping and sexualization of girls is something that parents need to first understand before they can take action. Lamb and Brown teach parents how to understand these influences, give them guidance on how to talk to their daughters about these negative images, and provide the tools to help girls make positive choices about the way they are in the world. In the tradition of books like *Reviving Ophelia*, *Odd Girl Out*, *Queen Bees* and *Wannabees* that examine the world of girls, this book promises to not only spark debate but help parents to help their daughters.

Life in the Fat Lane - Cherie Bennett 2011

Sixteen-year-old Lara, winner of beauty pageants and Homecoming Queen, is distressed and bewildered when she starts gaining weight and becomes a fat girl.

**Reviving Ophelia** - Mary Bray Pipher 2005

Describes the psychological pitfalls faced by teenage girls growing up in a dangerous world in which violence, sexual harassment, eating disorders, promiscuity, and drug use have become the norm.

**Mom, I Hate My Life!** - Sharon Hersh 2004-04-20

"I don't know why my daughter is so angry. She yells at me all the time!" "Our daughter comes home, goes straight to her room, turns on her CD player and won't talk to anyone— especially me." "The emotional ups and downs of our daughter's life make us all feel like we're on a roller coaster." Navigating an adolescent daughter's emotional life is one of a mom's toughest challenges. A teenage girl's volatile emotions can seemingly toss her—and you—like a hurricane. When a scary external world and a turbulent internal world collide, the result is sometimes overwhelming and confusing. What can you do to protect your relationship with your daughter, guide her through this chaotic time, and assure her you are truly on her side? Your

Adolescent Daughter's Struggles Can Help Her—and You—to Grow and Thrive. The good news is you are equipped with the most powerful resource available for maintaining and developing connection with your daughter: a mother's heart. Learn how you can use hand-in-hand mothering skills to become the ally your daughter needs—parenting out of love, not fear—and find out how you both can experience dramatic, life-changing growth in the process.

*Reviving Ophelia* - Mary Pipher, PhD 2005-08-01

#1 New York Times Bestseller The groundbreaking work that poses one of the most provocative questions of a generation: what is happening to the selves of adolescent girls? As a therapist, Mary Pipher was becoming frustrated with the growing problems among adolescent girls. Why were so many of them turning to therapy in the first place? Why had these lovely and promising human beings fallen prey to depression, eating disorders, suicide attempts, and crushingly low self-esteem? The answer hit a nerve with Pipher, with parents, and with the girls themselves. Crashing and burning in a “developmental Bermuda Triangle,” they were coming of age in a media-saturated culture preoccupied with unrealistic ideals of beauty and images of dehumanized sex, a culture rife with addictions and sexually transmitted diseases. They were losing their resiliency and optimism in a “girl-poisoning” culture that propagated values at odds with those necessary to survive. Told in the brave, fearless, and honest voices of the girls themselves who are emerging from the chaos of adolescence, *Reviving Ophelia* is a call to arms, offering important tactics, empathy, and strength, and urging a change where young hearts can flourish again, and rediscover and reengage their sense of self.

**Hunger Pains** - Mary Pipher, PhD 1997-01-21

We live in an appearance-obsessed culture. Fashion ads, magazine covers, TV shows, and movies idealize a body type that is impossible for most real women to achieve. In this comforting, liberating book, Dr. Mary Pipher, bestselling author of *Reviving Ophelia*, offers advice, counsel, and practical solutions for understanding our needs, our fears, and our many hungers. She shows us how we can at last learn to live at peace with the natural differences in our bodies and appetites. The rates of anorexia, bulimia, and depression for women are the highest they have ever been, and begin at ever younger ages. Dr. Pipher reveals how society encourages our misery and prevents us from accepting our looks. Indeed, for many women the humiliation of overweight or obesity is a wound that never heals. Dr. Pipher reminds us that accepting our bodies the way they are is the greatest gift we can give ourselves.

**Born to Buy** - Juliet B. Schor 2014-08-19

Ads aimed at kids are virtually everywhere -- in classrooms and textbooks, on the Internet, even at slumber parties and the playground. Product placement and other innovations have introduced more subtle advertising to movies and television. Companies are enlisting children as guerrilla marketers, targeting their friends and families. Even trusted social institutions such as the Girl Scouts are teaming up with marketers. Drawing on her own survey research and unprecedented access to the advertising industry, New York Times bestselling author and leading cultural and economic authority Juliet Schor examines how a marketing effort of vast size, scope, and effectiveness has created “commercialized children.” Schor, author of *The Overworked American* and *The Overspent American*, looks at the broad implications of this strategy. Sophisticated advertising strategies convince kids that products are necessary to their social survival. Ads affect not just what they want to buy, but who they think they are and how they feel about themselves. Based on long-term analysis, Schor reverses the conventional notion of causality: it's not just that problem kids become overly involved in the values of consumerism; it's that kids who are overly involved in the values of consumerism become problem kids. In this revelatory and crucial book, Schor also provides guidelines for parents and teachers. What is at stake is the emotional and social well-being of our children. Like Barbara Ehrenreich's *Nickel and Dimed*, Mary Pipher's *Reviving Ophelia*, and Malcolm Gladwell's *The Tipping Point*, *Born to Buy* is a major contribution to our understanding of a contemporary trend and its effects on the culture.

**Empowering Adolescent Girls** - Craig W. LeCroy 2001

While many adolescent girls in today's culture successfully navigate the transition to adulthood, many are not provided with adequate support and opportunity to achieve their potential.

**Anne Frank and Me** - Cherie Bennett 2002-11-11

In one moment Nicole Burns's life changes forever. The sound of gunfire at an Anne Frank exhibit, the panic, the crowd, and Nicole is no longer Nicole. Whiplashed through time and space, she wakes to find herself a privileged Jewish girl living in Nazi-occupied Paris during World War II. No more Internet diaries and boy troubles for Nicole—now she's a carefree Jewish girl, with wonderful friends and a charming boyfriend. But when the Nazi death grip tightens over France, Nicole is forced into hiding, and begins a struggle for survival that brings her face to face with Anne Frank. “This is a powerful and affecting story.” (KLIATT)

**Girl Wars** - Cheryl Dellasega 2007-11-01

The only book with a program that is proven to solve the problem of female bullying, a controversial issue first exposed in the bestselling *Reviving Ophelia*. Stop the Hurting Mary Pipher's bestselling *Reviving Ophelia* triggered widespread interest in the culture of preteen and teenage girls and the seeming epidemic of relational aggression (bullying) among them. Gossip, teasing, forming cliques, and other cruel behaviors are the basis of this bullying, which harms both victim and aggressor. Until now, no one has been able to offer practical and effective solutions that stop girls from hurting each other with words and actions. But in *Girl Wars*, two experts explain not only how to prevent such behavior but also how to intervene should it happen, as well as overcome the culture that breeds it. Illustrated by compelling true stories from mothers and girls, the authors offer effective, easy-to-implement strategies that range from preventive to prescriptive, such as how to -Adopt a “help, don't hurt” strategy -Provide positive role models -Teach communication skills online and off -Stress assertiveness, not aggressiveness -Learn conflict resolution skills -Identify alternatives to bullying behavior With their combined experience in offering and evaluating programs that combat bullying, the authors show that girls not only want to help rather than hurt each other, they can do so with guidance from concerned adults.

**Raising Cain** - Dan Kindlon, Ph.D. 2009-08-05

The stunning success of *Reviving Ophelia*, Mary Pipher's landmark book, showed a true and pressing need to address the emotional lives of girls. Now, finally, here is the book that answers our equally timely and critical need to understand our boys. In *Raising Cain*, Dan Kindlon, Ph.D., and Michael Thompson, Ph.D., two of the country's leading child psychologists, share what they have learned in more than thirty-five years of combined experience working with boys and their families. They reveal a nation of boys who are hurting—sad, afraid, angry, and silent. Statistics point to an alarming number of young boys at high risk for suicide, alcohol and drug abuse, violence and loneliness. Kindlon and Thompson set out to answer this basic, crucial question: What do boys need that they're not getting? They illuminate the forces that threaten our boys, teaching them to believe that “cool” equals macho strength and stoicism. Cutting through outdated theories of “mother blame,” “boy biology,” and “testosterone,” Kindlon and Thompson shed light on the destructive emotional training our boys receive—the emotional miseducation of boys. Through moving case studies and cutting-edge research, *Raising Cain* paints a portrait of boys systematically steered away from their emotional lives by adults and the peer “culture of cruelty”—boys who receive little encouragement to develop qualities such as compassion, sensitivity, and warmth. The good news is that this doesn't have to happen. There is much we can do to prevent it. Kindlon and Thompson make a compelling case that emotional literacy is the most valuable gift we can offer our sons, urging parents to recognize the price boys pay when we hold them to an impossible standard of manhood. They identify the social and emotional challenges that boys encounter in school and show how parents can help boys cultivate emotional awareness and empathy—giving them the vital connections and support they need to navigate the social pressures of youth. Powerfully written and deeply felt, *Raising Cain* will forever change the way we see our sons and will transform the way we help them to become happy and fulfilled young men.

*Reviving Ophelia 25th Anniversary Edition* - Mary Pipher, PhD 2019-06-04

The 25th anniversary edition of the iconic book, revised and updated for 21st-century adolescent girls and their families. In 1994, *Reviving Ophelia* was published, and it shone a much-needed spotlight on the problems faced by adolescent girls. The book became iconic and helped to reframe the national conversation about what author Mary Pipher called “a girl-poisoning culture” surrounding adolescents. Fast forward to today, and adolescent girls and the parents, teachers, and counselors who care about them find themselves confronting many of the same challenges Pipher wrote about originally as well as new ones

specific to today. Girls still struggle with misogyny, sexism, and issues of identity and self-esteem. But they're also more isolated than ever before: They don't talk face-to-face to the people around them, including their peers, as they used to: They're texting or on social media for hours at a time. And while girls today are less likely to be in trouble for their drinking or sexual behavior, they have a greater chance of becoming depressed, anxious, or suicidal. In this revised and updated *Reviving Ophelia*, Pipher and her daughter, Sara Pipher Gilliam (who was a teenager at the time of the book's original publication), have incorporated these new issues for a 21st-century readership. In addition to examining the impact that social media has on adolescent girls' lives today, Pipher and Gilliam explore the rising and empowering importance of student activism in girls' lives, the wider acceptance of diverse communities among young people, and the growing disparities between urban and rural, rich and poor, and how they can affect young girls' sense of self-worth. With a new foreword and afterword and chapters that explore these topics, this new edition of *Reviving Ophelia* builds on the relevance of the original as it provides key insights into the challenges and opportunities facing adolescent girls today. The approach Pipher and Gilliam take in the new edition is just what it was in the original: a timely, readable combination of insightful research and real-world examples that illuminate the challenges young women face and the ways to address them. This updated *Reviving Ophelia* looks at 21st century adolescent girls through fresh eyes, with insights and ideas that will help new generations of readers.

**Seeking Peace** - Mary Bray Pipher 2009

In this inspiring memoir, the author of *Reviving Ophelia* explores her personal search for understanding, tranquility, and respect through her work as a psychologist and seeker. "There are three kinds of secrets," Pipher says. "Those we keep from everyone, those we keep from certain people, and those we keep from ourselves. Writing this book forced me to deal with all three." After decades of exploring the lives of others through her writing and therapy, Pipher turns her attention to herself--culling insights from her own life to highlight the importance of the journey, not just the destination. She tells her own remarkable story, and in the process reveals truths about our search for happiness and love. While her story is unique, the basic map and milestones are universal--reflecting on her life in a way that allows readers to reimagine theirs.--From publisher description.

*Age of Opportunity* - Laurence D. Steinberg 2014

A leading expert on adolescence cites new research and describes how to raise happy, successful kids by helping parents navigate this challenging, but developmentally crucial, time through strategies that instill self-control during the teenage years. 25,000 first printing.

*Unruly Girls, Unrepentant Mothers* - Kathleen Rowe Karlyn 2011-01-15

Since the 1990s, when *Reviving Ophelia* became a best seller and "Girl Power" a familiar anthem, girls have assumed new visibility in the culture. Yet in asserting their new power, young women have redefined femininity in ways that have often mystified their mothers. They have also largely disavowed feminism, even though their new influence is a likely legacy of feminism's Second Wave. At the same time, popular culture has persisted in idealizing, demonizing, or simply erasing mothers, rarely depicting them in strong and loving relationships with their daughters. *Unruly Girls, Unrepentant Mothers*, a companion to Kathleen Rowe Karlyn's groundbreaking work, *The Unruly Woman*, studies the ways popular culture and current debates within and about feminism inform each other. Surveying a range of films and television shows that have defined girls in the postfeminist era—from *Titanic* and *My So-Called Life* to *Scream* and *The Devil Wears Prada*, and from *Love and Basketball* to *Ugly Betty*—Karlyn explores the ways class, race, and generational conflicts have shaped both Girl Culture and feminism's Third Wave. Tying feminism's internal conflicts to negative attitudes toward mothers in the social world, she asks whether today's seemingly materialistic and apolitical girls, inspired by such real and fictional figures as the Spice Girls and Buffy the Vampire Slayer, have turned their backs on the feminism of their mothers or are redefining unruliness for a new age.

*Raising Their Voices* - Lyn Mikel Brown 1999

This book, filled with the voices of teenage girls, corrects the misperceptions that have crept into our picture of female adolescence. Based on the author's yearlong conversation with white junior high and middle school girls -- from the working poor and the middle class -- *Raising Their Voices* allows us to hear how girls adopt some expectations about gender but strenuously resist others, how they use traditionally feminine means to maintain their independence, and how they recognize and resist pressures to ignore their own needs and wishes.

*Letters to a Young Therapist* - Mary Pipher 2009-08

Psychology.

**Reviving Ophelia** - Mary Pipher 1994

**Reviving Ophelia** - Mary Bray Pipher 1994

Describes the psychological pitfalls faced by teenage girls growing up in a dangerous world in which violence, sexual harassment, eating disorders, promiscuity, and drug use have become the norm.

**The War Against Boys** - Christina Hoff Sommers 2015-09

"This updated and revised edition of the controversial classic, which is now more relevant than ever, argues that boys have become the primary victims of American society, showing how boys' weaknesses are aggravated by anti-boy prejudices and offering constructive suggestions on how to help young males"--Amazon.com.

**A Life in Light** - Mary Pipher 2023-06-27

From the bestselling author of *Women Rowing North* and *Reviving Ophelia*—a memoir in essays reflecting on radiance, resilience, and the constantly changing nature of reality. In her luminous new memoir in essays, Mary Pipher—as she did in her New York Times bestseller *Women Rowing North*—taps into a cultural moment, to offer wisdom, hope, and insight into loss and change. Drawing from her own experiences and expertise as a psychologist specializing in women, trauma, and the effect of our culture on our mental health, she looks inward in *A Life in Light* to what shaped her as a woman, one who has experienced darkness throughout her life but was always drawn to the light. Her plainspoken depictions of her hard childhood and life's difficulties are dappled with moments of joy and revelation, tragedies and ordinary miseries, glimmers and shadow. As a child, she was separated from her parents for long periods. Those separations affected her deeply, but in *A Life in Light* she explores what she's learned about how to balance despair with joy, utilizing and sharing with readers every coping skill she has honed during her lifetime to remind us that there is a silver thread of resilience that flows through all of life, and that despite our despair, the light will return. In this book, she points us toward that light.

*Writing to Change the World* - Mary Pipher, PhD 2007-05-01

From the #1 New York Times bestselling author of *Reviving Ophelia*, *Another Country*, and *The Shelter of Each Other* comes an inspirational book that shows how words can change the world. Words are the most powerful tools at our disposal. With them, writers have saved lives and taken them, brought justice and confounded it, started wars and ended them. Writers can change the way we think and transform our definitions of right and wrong. *Writing to Change the World* is a beautiful paean to the transformative power of words. Encapsulating Mary Pipher's years as a writer and therapist, it features rousing commentary, personal anecdotes, memorable quotations, and stories of writers who have helped reshape society. It is a book that will shake up readers' beliefs, expand their minds, and possibly even inspire them to make their own mark on the world.

*The Difference* - Judy Mann 1996-10-01

In this provocative book that will appeal to readers of the bestselling *Reviving Ophelia*, an award-winning Washington Post columnist draws on groundbreaking research to expose how and why American girls are raised to feel inferior to boys.