

Lasting Longer By Dr Sy Silverberg

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Will Puberty Last My Whole Life? - Julie Metzger, RN, MN 2018-08-21
An expanded and revised edition of the popular flip book for preteens. One half of the book is filled with questions commonly asked by girls entering puberty, and the other half with questions asked by boys. "If you can only afford one book on puberty for this age group, this is the one to have." --School Library Journal This book contains informative, honest, and reassuring answers to questions that preadolescents have about puberty--from friendships and feelings, to pimples, babies, body hair, menstruation, bras, and much more. Straightforward, age-appropriate answers are provided by an experienced nurse-and-physician team who have been giving seminars to preteens and their parents throughout the Pacific Northwest and Bay Area for more than 25 years. Each question in the book has been asked by kids during their classes (many of them frequently). This new edition also contains updated language throughout and additional questions and answers regarding sex, sexuality, consent, and gender identity and norms. The book is also filled with lighthearted and often humorous full-color illustrations throughout.

Pediatric Skin of Color - Nanette B. Silverberg 2015-03-05
Pediatric Skin of Color is the first textbook devoted to the issues of pediatric skin of color. In 2052, more than fifty percent of the United States will be of color, and currently seventy percent of the world's

population is termed of color. Therefore, this book fills the need for an instructional and educational referebce work regarding these populations. Pediatric Skin of Color discusses the biology and clinical data regarding normal skin, skin conditions exclusive to individuals of color, systemic diseases of individuals of color that have a strong component of skin involvement, and the appearance and demographics of common skin diseases, comparing Caucasian and all skin of color populations. Written for dermatologists and pediatric dermatologists, this text includes data on African American, Asian (Southeast and East), Hispanic/Latino, and Middle Eastern patients, as well as Indigenous populations (i.e. Native Americans, Aborigines).

I Survived the Battle of D-Day, 1944 (I Survived #18) - Lauren Tarshis 2019-01-29

This installment in the New York Times bestselling I Survived series from Lauren Tarshis shines a spotlight on the Normandy landings, just in time for the 75th anniversary of D-Day!

Premature Ejaculation - Emmanuele A. Jannini 2012-08-31

Premature ejaculation (PE) is a common male sexual complaint, with a self-reported prevalence of 20-30% in observational studies. Over the past 10-20 years, our understanding of PE has evolved from the initial premise that it is a psychological disorder to the current recognition of an

underlying biological and probably genetic predisposition in many cases. This new understanding has been accompanied by novel approaches to the assessment and treatment of patients with PE. *Premature Ejaculation* is the first truly contemporary reference volume on the subject. It covers a broad range of aspects relevant to PE, including past and current definitions of the condition, the etiology of PE, its epidemiology, the impact of PE on both the patient and his partner, and the treatment of PE using pharmacotherapy and/or psychotherapy/cognitive behavioral therapy. The book is well illustrated and referenced, and the primary focus throughout is on evidence-based medicine. This timely and authoritative volume will be of great value to sexual health physicians, andrologists, endocrinologists, urologists, psychiatrists, sexologists, psychologists, and other interested healthcare professionals.

The Pharmaceutical Era - 1905

Clinical Guidelines on the Identification, Evaluation, and

Treatment of Overweight and Obesity in Adults - Expert Panel on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults (U.S.) 1998

Of evidence-based recommendations -- Introduction -- Overweight and obesity: background -- Examination of randomized controlled trial evidence -- Treatment guidelines -- Summary of recommendations -- Future research.

Combined Estrogen-progestogen Contraceptives and Combined Estrogen-progestogen Menopausal Therapy - IARC Working Group on the Evaluation of Carcinogenic Risks to Humans 2007

Oral contraceptives for family planning worldwide have revolutionized the reproductive lives of millions of women since their introduction in the 1960s. Later on, a variety of side-effects including cardiovascular diseases was recognized. In response to these concerns, new generations of combined oral contraceptives were developed that featured lower dose of estrogen and newer, more potent progestogens. The effectiveness and ease of use of combined hormonal contraceptives suggest that they will continue to be used to a significant extent in the future. This ninety-first

volume of IARC Monograph.

The Plant Power Doctor - Gemma Newman 2021-01-07

'Dr Gemma is one of the few brave voices in the medical community who is experienced, courageous and confident enough to talk openly about food and its significance in preventing disease to save lives.' Dr Rupy Aujla 'Packed full of leading science in a very accessible way and lots of beautiful recipes too.' The Happy Pear 'The Plant Power Doctor should be on bookshelves of everyone who wants to live a longer, better life.' Dan Buettner 'One of a new wave of GPs who prescribe lifestyle changes as well as drugs.' The Telegraph You can eat your way to a brighter future Just imagine if what you put on your plate could radically improve your health right now AND make you healthier in the future too... British family doctor Gemma Newman explores how a simple change in diet helps many common chronic illnesses - from diabetes and heart disease to obesity - and the science that explains why it works. Enjoy over 60 delicious meal ideas to kick-start your plant-powered eating, along with simple shopping lists and meal plans. This book contains everything you need to futureproof your body and mind. Are you ready to discover the power of plants? Let's dive in...

Far North - Marcel Theroux 2009-06-09

Far North is a 2009 National Book Award Finalist for Fiction. My father had an expression for a thing that turned out bad. He'd say it had gone west. But going west always sounded pretty good to me. After all, westwards is the path of the sun. And through as much history as I know of, people have moved west to settle and find freedom. But our world had gone north, truly gone north, and just how far north I was beginning to learn. Out on the frontier of a failed state, Makepeace—sheriff and perhaps last citizen—patrols a city's ruins, salvaging books but keeping the guns in good repair. Into this cold land comes shocking evidence that life might be flourishing elsewhere: a refugee emerges from the vast emptiness of forest, whose existence inspires Makepeace to reconnect with human society and take to the road, armed with rough humor and an unlikely ration of optimism. What Makepeace finds is a world unraveling: stockaded villages enforcing an uncertain justice and hidden work camps

laboring to harness the little-understood technologies of a vanished civilization. But Makepeace's journey—rife with danger—also leads to an unexpected redemption. Far North takes the reader on a quest through an unforgettable arctic landscape, from humanity's origins to its possible end. Haunting, spare, yet stubbornly hopeful, the novel is suffused with an ecstatic awareness of the world's fragility and beauty, and its ability to recover from our worst trespasses.

Network Effect - Martha Wells 2020-05-05

WINNER of the 2021 Hugo, Nebula and Locus Awards! The first full-length novel in Martha Wells' New York Times and USA Today bestselling Murderbot Diaries series. An Amazon's Best of the Year So Far Pick Named a Best of 2020 Pick for NPR | Book Riot | Polygon "I caught myself rereading my favorite parts... and I can't recommend it enough." — New York Times You know that feeling when you're at work, and you've had enough of people, and then the boss walks in with yet another job that needs to be done right this second or the world will end, but all you want to do is go home and binge your favorite shows? And you're a sentient murder machine programmed for destruction? Congratulations, you're Murderbot. Come for the pew-pew space battles, stay for the most relatable A.I. you'll read this century. — I'm usually alone in my head, and that's where 90 plus percent of my problems are. When Murderbot's human associates (not friends, never friends) are captured and another not-friend from its past requires urgent assistance, Murderbot must choose between inertia and drastic action. Drastic action it is, then. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

Lasting Longer : a Treatment Program for Premature Ejaculation - Sy Silverberg 1978

An Assessment of Illness in U.S. Government Employees and Their Families at Overseas Embassies - National Academies of Sciences, Engineering, and Medicine 2020-12-05

In late 2016, U.S. Embassy personnel in Havana, Cuba, began to report the development of an unusual set of symptoms and clinical signs. For

some of these patients, their case began with the sudden onset of a loud noise, perceived to have directional features, and accompanied by pain in one or both ears or across a broad region of the head, and in some cases, a sensation of head pressure or vibration, dizziness, followed in some cases by tinnitus, visual problems, vertigo, and cognitive difficulties. Other personnel attached to the U.S. Consulate in Guangzhou, China, reported similar symptoms and signs to varying degrees, beginning in the following year. As of June 2020, many of these personnel continue to suffer from these and/or other health problems. Multiple hypotheses and mechanisms have been proposed to explain these clinical cases, but evidence has been lacking, no hypothesis has been proven, and the circumstances remain unclear. The Department of State asked the National Academies to review the cases, their clinical features and management, epidemiologic investigations, and scientific evidence in support of possible causes, and advise on approaches for the investigation of potential future cases. In An Assessment of Illness in U.S. Government Employees and Their Families at Overseas Embassies, the committee identifies distinctive clinical features, considers possible causes, evaluates plausible mechanisms and rehabilitation efforts, and offers recommendations for future planning and responses.

Silverberg's Principles and Practice of Surgical Pathology and Cytopathology - Mark R. Wick 2014

Muhammad LP - Deepak Chopra 2010-09-21

In this riveting novel, beloved international bestselling author Deepak Chopra captures the spellbinding life story of the great and often misunderstood Prophet. Islam was born in a cradle of tribal turmoil, and the arrival of one God who vanquished hundreds of ancient Arabian gods changed the world forever. God reached down into the life of Muhammad, a settled husband and father, and spoke through him. Muhammad's divine and dangerous task was to convince his people to renounce their ancestral idols and superstitious veneration of multiple gods. From the first encounter, God did not leave Muhammad alone, his life was no longer his own, and with each revelation the creation of a new way of life formed

and a religion was born. Muhammad didn't see himself as the son of God or as one who achieved cosmic enlightenment. His relatives and neighbors didn't part the way when he walked down the parched dirt streets of Mecca. There was no mark of divinity. Orphaned by age six, Muhammad grew up surrounded by dozens of cousins and extended family to become a trusted merchant. Muhammad saw himself as an ordinary man and that is why what happened to him is so extraordinary. Rooted in historical detail, Muhammad brings the Prophet to life through the eyes of those around him. A Christian hermit mystic foretells a special destiny, a pugnacious Bedouin wet nurse raises him in the desert, and a religious rebel in Mecca secretly takes the young orphan under his spiritual wing. Each voice, each chapter brings Muhammad and the creation of Islam into a new light. The angel Gabriel demands Muhammad to recite, the first convert risks his life to protect his newfound faith, and Muhammad's life is not a myth but an incredible true and surprisingly unknown story of a man and a moment that sparked a worldwide transformation.

Pain Management and the Opioid Epidemic - National Academies of Sciences, Engineering, and Medicine 2017-09-28

Drug overdose, driven largely by overdose related to the use of opioids, is now the leading cause of unintentional injury death in the United States. The ongoing opioid crisis lies at the intersection of two public health challenges: reducing the burden of suffering from pain and containing the rising toll of the harms that can arise from the use of opioid medications. Chronic pain and opioid use disorder both represent complex human conditions affecting millions of Americans and causing untold disability and loss of function. In the context of the growing opioid problem, the U.S. Food and Drug Administration (FDA) launched an Opioids Action Plan in early 2016. As part of this plan, the FDA asked the National Academies of Sciences, Engineering, and Medicine to convene a committee to update the state of the science on pain research, care, and education and to identify actions the FDA and others can take to respond to the opioid epidemic, with a particular focus on informing FDA's development of a formal method for incorporating individual and societal considerations into

its risk-benefit framework for opioid approval and monitoring.

Los Angeles Magazine - 2001-03

Los Angeles magazine is a regional magazine of national stature. Our combination of award-winning feature writing, investigative reporting, service journalism, and design covers the people, lifestyle, culture, entertainment, fashion, art and architecture, and news that define Southern California. Started in the spring of 1961, Los Angeles magazine has been addressing the needs and interests of our region for 48 years. The magazine continues to be the definitive resource for an affluent population that is intensely interested in a lifestyle that is uniquely Southern Californian.

The Lies of Locke Lamora - Scott Lynch 2007-06-26

“Remarkable . . . Scott Lynch’s first novel, *The Lies of Locke Lamora*, exports the suspense and wit of a cleverly constructed crime caper into an exotic realm of fantasy, and the result is engagingly entertaining.”—*The Times* (London) An orphan’s life is harsh—and often short—in the mysterious island city of Camorr. But young Locke Lamora dodges death and slavery, becoming a thief under the tutelage of a gifted con artist. As leader of the band of light-fingered brothers known as the Gentleman Bastards, Locke is soon infamous, fooling even the underworld’s most feared ruler. But in the shadows lurks someone still more ambitious and deadly. Faced with a bloody coup that threatens to destroy everyone and everything that holds meaning in his mercenary life, Locke vows to beat the enemy at his own brutal game—or die trying. Praise for *The Lies of Locke Lamora* “Fresh, original, and engrossing . . . gorgeously realized.”—George R. R. Martin “Right now, in the full flush of a second reading, I think *The Lies of Locke Lamora* is probably in my top ten favorite books ever. Maybe my top five. If you haven’t read it, you should. If you have read it, you should probably read it again.”—Patrick Rothfuss, *New York Times* bestselling author of *The Name of the Wind* “A unique fantasy milieu peopled by absorbing, colorful characters . . . Locke’s wit and audacity endear him to victims and bystanders alike.”—*The Seattle Times* “A true genre bender, at home on almost any kind of fiction shelf . . . Lynch immediately establishes himself as a gifted

and fearless storyteller, unafraid of comparisons to Silverberg and Jordan, not to mention David Liss and even Dickens.”—Booklist (starred review)
“High-octane fantasy . . . a great swashbuckling yarn of a novel.”—Richard Morgan

A Celebration of Sex for Newlyweds - Dr. Douglas E. Rosenau 2005-10-09
A guide to enjoying God's gift of married sexual pleasure, now in trade paper. *A Celebration of Sex for Newlyweds* answers specific, often unasked questions about sexual topics, and presents newly-married couples with detailed techniques and behavioral skills for learning sexual pleasure and intimate companionship. An excellent tool for premarital counseling and a wonderful gift for the newly-married, this book offers invaluable information in a professional yet sensitive style.

DIY Sex and Relationship Therapy - Lori Boul 2012-11-06

This book provides a comprehensive, professional 'tool kit' that will help you: - Learn how to resolve sexual and relationship problems - Discover new techniques to improve your relationship - Practise skills that can protect your relationship - Put romance, fun and passion back into your life Drawing on her wide professional experience, Dr Lori Boul provides authentic therapy techniques in an accessible, easy to follow, step-by-step layout that can be practised effectively at home. Full of practical exercises and innovative techniques, *DIY Therapy* will give you the skills you need to improve your relationship without the expense of face-to-face counselling. You will be guided through a programme of relationship and sex therapy sessions that will help you overcome your difficulties, recapture fun and romance and ensure the changes you make will truly last.

Functional Assessment for Adults with Disabilities - National Academies of Sciences, Engineering, and Medicine 2019-07-31

The U.S. Social Security Administration (SSA) provides disability benefits through the Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) programs. To receive SSDI or SSI disability benefits, an individual must meet the statutory definition of disability, which is "the inability to engage in any substantial gainful activity [SGA] by reason of any medically determinable physical or mental impairment which can be

expected to result in death or which has lasted or can be expected to last for a continuous period of not less than 12 months." SSA uses a five-step sequential process to determine whether an adult applicant meets this definition. *Functional Assessment for Adults with Disabilities* examines ways to collect information about an individual's physical and mental (cognitive and noncognitive) functional abilities relevant to work requirements. This report discusses the types of information that support findings of limitations in functional abilities relevant to work requirements, and provides findings and conclusions regarding the collection of information and assessment of functional abilities relevant to work requirements.

Emerging Viral Diseases - Institute of Medicine 2015-03-19

In the past half century, deadly disease outbreaks caused by novel viruses of animal origin - Nipah virus in Malaysia, Hendra virus in Australia, Hantavirus in the United States, Ebola virus in Africa, along with HIV (human immunodeficiency virus), several influenza subtypes, and the SARS (sudden acute respiratory syndrome) and MERS (Middle East respiratory syndrome) coronaviruses - have underscored the urgency of understanding factors influencing viral disease emergence and spread. *Emerging Viral Diseases* is the summary of a public workshop hosted in March 2014 to examine factors driving the appearance, establishment, and spread of emerging, re-emerging and novel viral diseases; the global health and economic impacts of recently emerging and novel viral diseases in humans; and the scientific and policy approaches to improving domestic and international capacity to detect and respond to global outbreaks of infectious disease. This report is a record of the presentations and discussion of the event.

Unconventional Warfare (Special Forces, Book 1) - Chris Lynch 2018-11-27

Discover the secret missions behind America's greatest conflicts. Danny Manion has been fighting his entire life. Sometimes with his fists. Sometimes with his words. But when his actions finally land him in real trouble, he can't fight the judge who offers him a choice: jail... or the army. Turns out there's a perfect place for him in the US military: the

Studies and Observation Group (SOG), an elite volunteer-only task force comprised of US Air Force Commandos, Army Green Berets, Navy SEALs, and even a CIA agent or two. With the SOG's focus on covert action and psychological warfare, Danny is guaranteed an unusual tour of duty, and a hugely dangerous one. Fortunately, the very same qualities that got him in trouble at home make him a natural-born commando in a secret war. Even if almost nobody knows he's there. National Book Award finalist Chris Lynch begins a new, explosive fiction series based on the real-life, top-secret history of US black ops.

Black Cat Weekly #80 - Phyllis Ann Karr 2023-03-12

Our 80th issue has some great tales for you, starting with an original mystery by Hugh Lessit (thanks to Acquiring Editor Michael Bracken) and a great reprint by Jim Thomsen (thanks to Acquiring Editor Barb Goffman). Plus we have a pair of detective novels, the first featuring New York-based private investigator Nick Carter, and the second another original Hardy Boys mystery. If you read the later editions, you will be shocked to find how much was changed from the originals. These are not the watered-down Hardy Boys most of us read as kids. Give it a read. On the science fiction and fantasy side, we have a Frostflower & Thorn tale by Phyllis Ann Karr, as she brings her famous duo to a world created by M. Coleman Easton...in collaboration with Easton. Great fun. Plus classic SF by Mike Curry, Robert Silverberg, Robert F. Young, and Murray Leinster. Here's this issue's complete lineup: Mysteries / Suspense / Adventure: "The Shade Tree Mechanic" by Hugh Lessig [Michael Bracken Presents short story] "Clear as Glass" by Hal Charles [Solve-It-Yourself Mystery] "The Ride Home," by Jim Thomsen [Barb Goffman Presents short story] The Little Glass Vial, by Nicholas Carter [novel] The Tower Treasure, by Franklin W. Dixon Science Fiction & Fantasy: "A Glassmaker's Courage," by Phyllis Ann Karr and M. Coleman Easton [short story] "Metamorphosis," by Mike Curry [short story] "Come Into My Brain!" by Robert Silverberg [short story] "Bbruggil's Bride," by Robert F. Young [short story] The Gadget Had A Ghost, by Murray Leinster [novella]

Departments of Labor, Health and Human Services, Education, and Related Agencies Appropriations for 1993 - United States. Congress.

House. Committee on Appropriations. Subcommittee on the Departments of Labor, Health and Human Services, Education, and Related Agencies 1992

The Last Town on Earth - Thomas Mullen 2006-08-29

A town under quarantine during the 1918 flu epidemic must reckon with forces beyond their control in a powerful, sweeping novel of morality in a time of upheaval "An American variation on Albert Camus' The Plague."—Chicago Tribune NAMED ONE OF THE BEST BOOKS OF THE YEAR BY USA TODAY AND CHICAGO TRIBUNE • WINNER OF THE JAMES FENIMORE COOPER PRIZE FOR HISTORICAL FICTION Deep in the mist-shrouded forests of the Pacific Northwest is a small mill town called Commonwealth, conceived as a haven for workers weary of exploitation. For Philip Worthy, the adopted son of the town's founder, it is a haven in another sense—as the first place in his life he's had a loving family to call his own. And yet, the ideals that define this outpost are being threatened from all sides. A world war is raging, and with the fear of spies rampant, the loyalty of all Americans is coming under scrutiny. Meanwhile, another shadow has fallen across the region in the form of a deadly virus striking down vast swaths of surrounding communities. When Commonwealth votes to quarantine itself against contagion, guards are posted at the single road leading in and out of town, and Philip Worthy is among them. He will be unlucky enough to be on duty when a cold, hungry, tired—and apparently ill—soldier presents himself at the town's doorstep begging for sanctuary. The encounter that ensues, and the shots that are fired, will have deafening reverberations throughout Commonwealth, escalating until every human value—love, patriotism, community, family, friendship—not to mention the town's very survival, is imperiled. Inspired by a little-known historical footnote regarding towns that quarantined themselves during the 1918 epidemic, *The Last Town on Earth* is a remarkably moving and accomplished debut.

What Makes a Baby - Cory Silverberg 2013-05-07

Geared to readers from preschool to age eight, *What Makes a Baby* is a book for every kind of family and every kind of kid. It is a twenty-first

century children's picture book about conception, gestation, and birth, which reflects the reality of our modern time by being inclusive of all kinds of kids, adults, and families, regardless of how many people were involved, their orientation, gender and other identity, or family composition. Just as important, the story doesn't gender people or body parts, so most parents and families will find that it leaves room for them to educate their child without having to erase their own experience. Written by a certified sexuality educator, Cory Silverberg, and illustrated by award-winning Canadian artist Fiona Smyth, *What Makes a Baby* is as fun to look at as it is useful to read.

Lasting Longer - Sy Silverberg M. D. 2010-04-01

Editorial Reviews According to Dr. Stacy L. Elliott, MD, the medical director at Vancouver Hospital's BC Center for Sexual Medicine, *Lasting Longer* has been instrumental in sexual education and treating sexual dysfunction for many years. She says: He was before his time in his thinking and experience has proven him to be right. We have used Dr. Silverberg's *Lasting Longer* faithfully for the twenty-five years of our history. His newer version is even easier to understand, has more directed exercises, and is even more positive and encouraging than his original version. We are very grateful for his assistance all these years. Dr. Elliott is also a professor at the UBC Department of Psychiatry's Division of Sexual Medicine. She is a well-recognized expert in the field of male sexual dysfunction and has been the Chair of the Canadian Male Sexual Health Council. Product Description *Lasting Longer* was written by Dr. Sy Silverberg, an MD/Certified Sex Therapist with 40 years experience. It was first published in 1978. Since then it has been distributed only to professionals who have used it to help thousands of men, worldwide, to learn how to control ejaculation. It was revised in 2010 and rewritten so that any man can understand it without the support of a therapist. This was done in part to combat the professed online cures being offered to men at exorbitant prices. For the most part these solutions are useless and in some cases even harmful. And since the answer to controlling ejaculation lies in learning, these sprays, herbs, vitamins, dietary supplements and drugs will not help you learn to control premature

ejaculation any more than they could help you learn to speak another language. Time has proven my belief that P.E. is so prevalent simply because young men have never been taught how to control ejaculation, he explains. Dr. Silverberg equates the learning process to learning bladder control. *Lasting Longer* leads men step-by-step through a series of exercises designed to teach them how to recognize the signals from their bodies that indicate they are approaching the point of no return. They, then learn how to control the reflex that triggers ejaculation. Exactly the same way they learned to control the reflex that triggers urination. He believes that any man who was toilet-trained can learn ejaculatory control. *Lasting Longer* stands out from other publications on the topic in that it does not present page after page of historical data, statistics, demographics, scientific jargon or entertaining clinical examples. Instead it uses clear and concise language to outline only the steps necessary to correct the problem. In addition it offers concrete suggestions for developing a satisfying long-term sexual relationship with a partner of either gender. Excerpts of the book may be viewed at: <http://sextherapy-prematureejaculation.com>. Dr. Silverberg says: "I imagine that many of you have had the experience of spending hundreds of dollars on 'cures' that have not worked. For your own sake please try this approach. If you are not able to learn how to control ejaculation to your satisfaction, I will refund the full purchase price to you."

Secrets of the Missionary Sex Position - J.J. Wanton 2014-11-04

Why is the missionary position commonly chosen for the first time a couple has sex? What is the starfish position? What is the 'riding high' variant? These and many more questions are answered in this book! CONTENTS: Commonness First Time Sex Position Basic Position Variants 'Legs-Up' Variants Penetration Psychological Aspects Props Lubrication Male Orgasm Female Orgasm ... And More!

Glucocorticoid-induced Osteoporosis - Andrea Giustina 2002

Osteoporosis is one of the most clinically relevant disabling chronic disease encountered in clinical practice. A common cause of osteoporosis is glucocorticoid excess, as glucocorticoids may increase bone resorption, inhibit bone formation, have indirect actions on bone by decreasing

intestinal calcium absorption and induce hypercalciuria. This book presents a comprehensive overview of the effects of glucocorticoids on bone metabolism and structure and on the diagnosis and treatment of glucocorticoid-induced osteoporosis. It aims at providing updated information on the pathogenesis, diagnosis and treatment of this often dramatic complication of glucocorticoid excess. Being one of the few publications completely devoted to glucocorticoid-induced osteoporosis it will heighten the awareness of specialists who prescribe glucocorticoids of the clinical relevance of this treatment complication. 'Glucocorticoid-Induced Osteoporosis' is addressed to clinical experts as well as to general practitioners who will both benefit from the comprehensive and integrative view of the management of patients exposed to glucocorticoids.

Open Wound - Jason Karlawish 2011-08-30

A shotgun misfires inside the American Fur Company store in Northern Michigan, and Alexis St. Martin's death appears imminent. It's 1822, and, as the leaders of Mackinac Island examine St. Martin's shot-riddled torso, they decide not to incur a single expense on behalf of the indentured fur trapper. They even go so far as to dismiss the attention of U.S. Army Assistant Surgeon William Beaumont, the frontier fort's only doctor. Beaumont ignores the orders and saves the young man's life. What neither the doctor nor his patient understands—yet—is that even as Beaumont's care of St. Martin continues for decades, the motives and merits of his attention are far from clear. In fact, for what he does to his patient, Beaumont will eventually stand trial and be judged. Rooted deeply in historic fact, *Open Wound* artfully fictionalizes the complex, lifelong relationship between Beaumont and his illiterate French Canadian patient. The young trapper's injury never completely heals, leaving a hole into his stomach that the curious doctor uses as a window to understand the mysteries of digestion. Eager to rise up from his humble origins and self-conscious that his medical training occurred as an apprentice to a rural physician rather than at an elite university, Beaumont seizes the opportunity to experiment upon his patient's stomach in order to write a book that he hopes will establish his legitimacy and secure his prosperity.

As Jason Karlawish portrays him, Beaumont, always growing hungrier for more wealth and more prestige, personifies the best and worst aspects of American ambition and power.

So It Begins - David Sherman 2009-05

Experience the Human Cost of War! The battle rages on in book two of the award-winning *Defending the Future* series. Witness sixteen accounts of hardcore military science fiction, from planetside combat to fleet actions up among the stars. Featuring the works of David Sherman, Charles E. Gannon, John C. Wright, James Daniel Ross, Jonathan Maberry, James Chambers, Patrick Thomas, Andy Remic, Danielle Ackley-McPhail, Jeffrey Lyman, Jack Campbell, Mike McPhail, Bud Sparhawk, Tony Ruggiero, and C.J. Henderson. Praise for *Breach the Hull*, Book One in the *Defending the Future* series Winner of the 2007 Dream Realm Award "There is more than enough great SF in *Breach the Hull* for any true fan of the genre, military or not." - Will McDermott, author of *Lasgun Wedding* "I enjoyed this book and heartily recommend it." -Sam Tomaino, *Space and Time Magazine* "Pick up *Breach the Hull*. You're sure to find stories that you like." -David Sherman, author of the *DemonTech* series and co-author of the *Starfist* series "[*Breach the Hull*] kicks down the doors in a way that allows anyone access to the genre[. . .]it read like a bunch of soldiers sitting around swapping stories of the wars. Fun, fast-paced, and packed with action. I give it a thumbs up." -Jonathan Maberry, Bram Stoker Award-winning author "[*Breach the Hull*] is worth the purchase. I normally don't partake of anthologies as a general rule . . . but Mike McPhail has done a great job in making me rethink this position." -Peter Hodges, Reviewer "*Breach the Hull* is full of excellent stories, no two of which are the same. While similar themes crop up throughout, each writer has managed to take the subgenre and make it his own." -John Ottinger III, *Grasping for the Wind* Reviews "A collection of military science fiction from a well mixed group of authors, both new and established. Found it a good source for some new authors to investigate." -Tony Finan, *Philly Geeks*

Saturday Night - 1979

Sports-Related Concussions in Youth - National Research Council

2014-02-04

In the past decade, few subjects at the intersection of medicine and sports have generated as much public interest as sports-related concussions - especially among youth. Despite growing awareness of sports-related concussions and campaigns to educate athletes, coaches, physicians, and parents of young athletes about concussion recognition and management, confusion and controversy persist in many areas. Currently, diagnosis is based primarily on the symptoms reported by the individual rather than on objective diagnostic markers, and there is little empirical evidence for the optimal degree and duration of physical rest needed to promote recovery or the best timing and approach for returning to full physical activity. *Sports-Related Concussions in Youth: Improving the Science, Changing the Culture* reviews the science of sports-related concussions in youth from elementary school through young adulthood, as well as in military personnel and their dependents. This report recommends actions that can be taken by a range of audiences - including research funding agencies, legislatures, state and school superintendents and athletic directors, military organizations, and equipment manufacturers, as well as youth who participate in sports and their parents - to improve what is known about concussions and to reduce their occurrence. *Sports-Related Concussions in Youth* finds that while some studies provide useful information, much remains unknown about the extent of concussions in youth; how to diagnose, manage, and prevent concussions; and the short- and long-term consequences of concussions as well as repetitive head impacts that do not result in concussion symptoms. The culture of sports negatively influences athletes' self-reporting of concussion symptoms and their adherence to return-to-play guidance. Athletes, their teammates, and, in some cases, coaches and parents may not fully appreciate the health threats posed by concussions. Similarly, military recruits are immersed in a culture that includes devotion to duty and service before self, and the critical nature of concussions may often go unheeded. According to *Sports-Related Concussions in Youth*, if the youth sports community can adopt the belief that concussions are serious injuries and emphasize care for players with

concussions until they are fully recovered, then the culture in which these athletes perform and compete will become much safer. Improving understanding of the extent, causes, effects, and prevention of sports-related concussions is vitally important for the health and well-being of youth athletes. The findings and recommendations in this report set a direction for research to reach this goal.

The Musical Leader - 1923

The Last Protector (James Marwood & Cat Lovett, Book 4) - Andrew Taylor 2020-04-02

From the No.1 Sunday Times bestselling author of *The Ashes of London* comes the next book in the phenomenally successful series following James Marwood and Cat Lovett.

Sexually Transmitted Diseases - National Center for Prevention Services (U.S.). Division of STD/HIV Prevention 2002

[How to Overcome Premature Ejaculation](#) - Helen Singer Kaplan 2013-06-17

How to Overcome Premature Ejaculation discusses male sexual response and the cause of its disorders, and provides advice on leading a more normal sex life. Based on the same therapeutic methods that have proven clinically effective for 90% of men suffering from premature ejaculation (PE), this straightforward volume describes a rapid, practical self-help program that can be used by single men or couples in the privacy of their home. Dr Kaplan first explains the nature of PE and its causes and then describes her effective treatment techniques. She also discusses the errors and resistances that can arise and provides suggestions on how to overcome them.

List of Enrolled Voters ... - New York (N.Y.). Board of Elections 1964

Read Me - Lanae St John 2019-06-27

Children at any age want information when it comes to their emerging sexuality, physical, and emotional health. Dr. St. John hands you a mindful approach to integrate discussions of sexuality, relationships, decision

making, and other relevant topics into everyday conversations.

How to Cure Porn Induced Erectile Dysfunction: a 30 Step Guide - Phillip Atkinson 2016-10-20

One out of every four new erectile dysfunction patients is under 40, according to a recent study in the Journal of Sexual Medicine. That's compared to a 2002 Dutch review that found just 2 percent of younger

men suffer from ED. What explains this apparent spike in bedroom-related blues? Theories range from higher rates of stress to greater honesty in reporting the issue. But some research suggests your online porn habit may also play a role. This book explores what erectile dysfunction is, how porn might be triggering it in men of all ages and, most importantly, how to treat it.